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Thrive in Education

A 3-year programme which started in September 2020.

We will provide targeted support for children and young people's emotional health and wellbeing in education settings.

A co-ordinated response with multi agency joint working and dedicated 'mental health support team' (MHST).

Developed in response to the Mental Health in Education Green Paper, Salford will be a GM & National MHST trailblazer site investment for mental health in schools.

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Overview

1. Training, advice, consultation to staff in school
2. Targeted support to primaries as well as secondary schools, linking with transition and PIT support
3. Working with CYP attending Salford Schools
4. To work with and complement existing schools offers i.e. school pastoral support, counsellors, school nurses
5. Interventions will be at 'Getting Advice' & 'Getting Help' of the i-Thrive model
6. Multi-agency blended team

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Interventions

- Low intensity support delivered directly to CYP in educational settings.
- Evidence based: CBT, Counselling, Solution Focussed and Psycho-social approaches.
- Time limited with specific treatment goals and Routine Outcome Monitoring (ROMS).
- Established referral pathways to other services such as CAMHS, Early Help

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Key Partners

- 42nd Street
- Salford CAMHS
- Early Help
- iReach
- Place2Be
- Salford Educational Psychology Service
- Emotionally Friendly Schools

Extended offer includes:

- Salford Youth Service
- 0-19 School Health
- Schools Sports Partnership

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Year 1 Delivery

- 38 Salford schools have been identified for bespoke packages of interventions
- Mental Health Practitioner (MHP) recruited to support delivery
- School action plans developed and implemented
- School training programme rolled out

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Future plans

- CYP & school consultations
- Annual evaluation of delivery to support further programme development
- Development of single point of access
- Dedicated Thrive in Education webpages to be developed

Referral routes for schools: for more information please contact your designated Mental Health Lead

Thrive in Education

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Resources

[Schools & Colleges Resources \(Anna Freud\)](#)

[Children's Commissioner: COVID Resources](#)

[CAMHS Resources](#)

[Responding to COVID-19: guidance for clinicians/community services](#)

[GM Hub: Mental health & wellbeing resources](#)

[Salford Emotional Health Service Directory for CYP](#)

[Salford Thrive: School Resources](#)



Contact details:

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