

PE

Curriculum Intent	The PE curriculum at Salford City Academy aims to provide a high-quality experience to inspire all students, including disadvantaged and/or SEND, to enjoy, succeed and excel in competitive sport and other physically-demanding activities. Opportunities are provided to allow students to become physically confident in a way that supports their health and fitness.
KS3 Curriculum	Due to Covid restrictions, the PE curriculum will focus on students being physically active whilst remaining socially distanced. They will complete a carousel of activities rather than specific skills.
KS4 Curriculum	Curriculum will follow that of the BTEC Sport assessment plan. Units 2 and 6 will be completed in yr10. Units 1 and 3 in yr11. Core PE will follow a similar carousel to that of KS3 where exercise is the focus over skill development.

Year Group		HT1	HT2	HT3	HT4	HT5	HT6
7	Content	Rounders > golf > cricket	Badminton > table tennis > gymnastics	Badminton > table tennis > gymnastics	Badminton > table tennis > gymnastics	Athletics, striking and fielding	Lacrosse, football, athletics, leadership
			Students will stay in their tutor group bubbles and spend half a term on each activity. They will develop the basic skills required for each activity. Activities have been chosen due to them being suitable for social distancing and limited physical interaction.				
8	Content	Golf > rounders > cricket	Table tennis > frisbee > badminton	Table tennis > frisbee > badminton	Table tennis > frisbee > badminton	Athletics, striking and fielding, leadership	Lacrosse, football, athletics
			Students will stay in their PE group bubbles and spend half a term on each activity. They will develop the technical skills required for each activity. Activities have been chosen due to them being suitable for social distancing and limited physical interaction.				
9	Content	Cricket > rounders > golf	Table tennis > frisbee > volleyball	Table tennis > frisbee > volleyball	Table tennis > frisbee > volleyball	Athletics, striking and fielding, leadership	Ultimate frisbee, football, athletics
			Students will stay in their tutor group bubbles and spend half a term on each activity. They will develop the advanced skills required for each activity. Activities have been chosen due to them being suitable for social distancing and limited physical interaction.				
10	Content	Unit 2: LA A; Rules and regs of sport, officials, scenarios and application of rules LA B; Technical and tactical demands of a chosen activity. LA C; Review of performance in chosen activity			Unit 6: LA A; Roles and responsibilities of sports leaders. LA B; Planning and delivering sports activity sessions LA C; Reviewing delivery of sports activity session and developing a development plan to improve delivery.		
11	Content	Exam prep; Components, intensity, tests, methods, exam technique	Unit 3; 6 week PEP, training diary, Anatomy and physiology, review of PEP and suggestions for future completion.				