Subject: Cooking & Nutrition



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Year 9

In the Technology faculty we develop students into independent problem solvers, by teaching the students how to independently produce bespoke products in response to a given design brief. We base all our learning and assessment around our ethos of Design, Make, Evaluate and Knowledge. In Year 9 students will be introduced to the Hospitality and Catering industry with a focus on practical skills and learning about food safety and food poisoning. Pupils will also start to understand the different roles within the kitchen (kitchen brigade). Students will learn a range of high-level skills. Students will recap on prior preparation and cooking skills as well as working on a range of more challenging skills and learn high level knife skills.

Yes chef.

- 1. Yes chef
- 2. Health and safety executives
- 3. Smokin chilli enchiladas
- 4. Mad skills and safety
- 5. Pizza
- 6. Sausage pasta Assessed practical. They will be assessed on D M E K. Feedback will be given on how they could improve.

Cooking skills for life

- 1. Cupcakes
- 2. Brownies
- 3. Chicken curry
- 4. Spanish omelette
- 5. Beef burrito Assessed practical. They will be assessed on D M E K. Feedback will be given on how they could improve.

Cooking skills for life

- 1. Easy baked cheesecake
- 2. Cheesy garlic tear and share bread
- 3. Lasagne
- 4. Profiteroles
- 5. Mini apple pies
- Chicken Kiev Assessed practical. They will be assessed on D M E
 K. Feedback will be given on how they could improve.
- 7. Scones and homemade jam

Useful resources for supporting your child at home: BBC Good Food is an excellent resource for easy-tofollow recipes.

Direct link to Focus eLearning provided to students in school.

Homework:

None set regularly at KS3 for Cooking and Nutrition, but there may be some research or evaluation tasks set during the year when needed.

Assessment:

Planning – Demonstrating understanding of equipment and ingredients required, with a focus on The 4 C's and food poisoning.

Make – Quality of practical skills, with a focus on Adding Flavour to dishes.

Evaluate – how well the student has evaluated practical work and finished product. Using sensory analysis, self and peer assessment.

Knowledge – the technical knowledge gained throughout and demonstrated in Do it Now activities with focus on Environmental Health officer and food Poisoning

Assessment:

Planning – Demonstrating understanding of equipment and ingredients required, with a focus on The 4 C's and food poisoning.

Make – Quality of practical skills, with focus on Vegetarian alternatives and Dovetailing.

Evaluate – how well the student has evaluated practical work and finished product. Using sensory analysis, self and peer assessment.

Knowledge – the technical knowledge gained throughout and demonstrated in Do it Now activities with focus on Environmental Health officer and food Poisoning.

Assessment:

Planning – Demonstrating understanding of equipment and ingredients required, with a focus on the 4 C's and food poisoning.

Make – Quality of practical skills, with focus on encasing foods and complete dishes.

Evaluate – how well the student has evaluated practical work and finished product. Using sensory analysis, self and peer assessment.

Knowledge – the technical knowledge gained throughout and demonstrated in Do it Now activities with focus on Environmental Health officer and food Poisoning.