

## OVERVIEW

The Tech Award gives learners the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Learners will have the opportunity to develop applied knowledge and skills in the following areas: investigating provisions for sport including equipment and facilities to enhance sport, planning and delivery of sport drills and sessions, and fitness for sport including fitness testing and methodology.

## Aut

### Component 1: Preparing Participants to Take Part in Sport and Physical Activity

To contextualise sport in the UK you will gain an understanding of the different providers of sport and careers that are available to you in each area. This will also develop your knowledge of different types of sports and how suitable they are for certain groups of people

In this component, you will also explore how technology can enhance and develop performance in sport and physical activity.

This component focuses on the impact of sport and activity on the body systems, giving you the fundamental underpinning knowledge for study in this sector. You will study the short- and long-term effects of regular participation in exercise to understand how we can enhance our body systems through sport.

#### Assessment:

- Controlled assessment released by the exam board and completed in class.

## Spr

Completion of component 1 in Feb/March of spring term.

### Component 2: Taking Part and Improving Other Participants Sporting Performance

This component focuses on learning about sport through participation as a player, understanding the roles of an official and learning about practical ways to improve other participants' sporting performance.

This component introduces you to the different components of physical and skill-related fitness and how they impact on performance in a variety of different types of sports and physical activities. You will explore the different skills required for participation and the different strategies that can be used to develop performance.

#### Assessment:

- Controlled assessment released by the exam board and completed in class.

## Sum

### Component 2: Taking Part and Improving Other Participants Sporting Performance

You will learn about the different types of official and their roles in different sports and the rules of the different sports.

Lastly, this component will help you to explore ways to improve other participants' performance through breaking down skills and techniques into their component parts and using demonstrations, teaching points and appropriate drills to develop and improve their performance.

In this component, you will develop transferable skills, such as communication, problem solving and analytical skills. It will give you opportunities to develop and improve your own and other's sporting performance, which will support your progression to Level 2 or 3 vocational or academic qualifications.

#### Assessment:

- Controlled assessment released by the exam board and completed in class.

#### Useful resources for supporting your child at home:

- BTEC Sport revision guide
- BTEC Sport workbook
- Everlearner online resource

#### Homework:

- Attending an Aspire club both as participant and as a sports leader.
- Everlearner online platform