

Salford City Academy Social, Emotional & Mental Health (SEMH) Provision Map

Wave 1	Wave 2	Wave 3
Universal offer / QFT	Targeted / small group intervention	Individual / Personalised Provision
<p><b>Useful links</b>  <a href="#">Emotional Health Service Directory   Partners in Salford</a>  <a href="#">Emotional health and wellbeing • Salford City Council</a></p>	<p><b>Useful links</b>  <a href="#">HOME   CAMHS Resources (camhs-resources.co.uk)</a>  <a href="#">Mental health tips and coping strategies for parents - BBC Tiny Happy People</a></p>	<p><b>Useful links</b>                      - <a href="#">SDQ The strengths and difficulties questionnaire (SDQ) : Mentally Healthy Schools</a>                      - <a href="#">Boxall Profile The Boxall Profile® - NurtureUK</a></p>
<ul style="list-style-type: none"> <li>- <b>Daily tutor time</b></li> <li>- <b>Non-teaching Inclusion Leaders x5</b></li> <li>- <b>DSL, DDSL &amp; safeguarding officers x7</b></li> <li>- <b>PSHE / RSE curriculum</b></li> <li>- <b>Weekly assemblies (whole school &amp; targeted)</b></li> <li>- <b>Mental Health First Aid trained staff</b></li> <li>- <b>Student Anti-Bullying Ambassadors</b></li> <li>- <b>Student Wellbeing Ambassadors</b></li> <li>- <b>Peer Mentors</b></li> <li>- <b>Termly enrichment days</b></li> <li>- <b>Lunchtime friendship club</b></li> <li>- <b>Aspire (extra-curricular clubs)</b></li> <li>- <b>Weekly LGBTQ+ club / drop in</b></li> <li>- <b>Weekly school nurse drop in</b></li> <li>- <b>Emotionally Friendly Schools Setting</b> (working alongside Salford Educational Psychology Service)</li> </ul> <p><b>Quality First Teaching</b></p> <ul style="list-style-type: none"> <li>- Allow use of fidget toys / anxiety management tools</li> <li>- Use an individualised reward system</li> </ul>	<p><b>Access to The Link (nurture / SEND area):</b></p> <ul style="list-style-type: none"> <li>- Tutor time support</li> <li>- Social time support</li> </ul> <p><b>Peer Mental Health Champions</b></p> <ul style="list-style-type: none"> <li>- Year 9 students x20 assigned to Y7 students</li> </ul> <p><b>Small group school-based interventions:</b></p> <ul style="list-style-type: none"> <li>- Anger management (recommended weekly x6 sessions)</li> <li>- Anxiety management (recommended weekly x6 sessions)</li> <li>- Real Love Rocks (delivered with support of 42<sup>nd</sup> Street in-school worker)</li> <li>- Year 10 &amp; 11 exam stress workshops</li> </ul> <p><b>ForHousing - Females in Construction</b></p> <p><b>Youth Service</b></p> <ul style="list-style-type: none"> <li>- Risky Behaviours</li> <li>- Online safety</li> </ul>	<p><b>Pupil passport (IEP) or Individual Behaviour Plan (IBP) and identified key worker</b></p> <p><b>School-based passes:</b></p> <ul style="list-style-type: none"> <li>- Time out / wellbeing pass</li> <li>- Early exit pass</li> </ul> <p><b>Bespoke Reflect time</b></p> <p><b>Report</b></p> <ul style="list-style-type: none"> <li>- Tutor</li> <li>- Year Leader</li> <li>- SLT</li> </ul> <p><b>1:1 Mentor</b></p> <ul style="list-style-type: none"> <li>- School-based</li> <li>- Youth Service</li> </ul> <p><b>Triage by school counsellor</b> (<i>average wait for triage of 3 days</i>). Pupils can then be referred to:</p> <ul style="list-style-type: none"> <li>- <b>School counsellor follow-up</b></li> </ul>

<ul style="list-style-type: none"> <li>- Agree discrete communication/non-verbal signs for emotional / behaviour feedback</li> <li>- Extra preparation for transitions between activities</li> <li>- Encourage sensory break/ movement break before escalation of behaviour</li> <li>- Complete Reducing Anxiety Management Plan (RAMP)</li> <li>- Provide access arrangements: discrete provision/ rest breaks / prompter</li> </ul>	<p><b>Football Beyond Borders</b></p> <ul style="list-style-type: none"> <li>- Positive behaviour support for students</li> </ul> <p><b>Educational Psychologist Advice</b></p> <ul style="list-style-type: none"> <li>- Solution Focused Circles (offered to staff)</li> </ul> <p><b>Young Carers support</b></p> <p><b>Targeted Aspire clubs</b></p> <ul style="list-style-type: none"> <li>- Friendship Club</li> <li>- Games Club</li> </ul>	<p>Meeting with School Counsellor weekly or less often to support through crisis – CBT; talking therapy; DBT; CFT</p> <ul style="list-style-type: none"> <li>- <b>School counsellor Single-Session Therapy</b> Students can ask for session with School Counsellor to work on solution-focussed, outcome-driven issue. Usually one session; sometimes 2</li> <li>- <b>ReWind therapy</b> Therapy to reduce symptoms of trauma</li> <li>- <b>CityWall Refresh project</b> x12 hour-long sessions working 1:1 face-to-face on self-esteem and CBT to overcome problems – especially good at helping students with ASC traits</li> <li>- <b>42ndStreet / IReach</b> Up to 12 (or more) sessions 1:1 face-to-face to look at problems in more depth- CBT; DBT; attachment</li> </ul> <p><b>Oasis Navigator Project</b> (via Youth Workers deployed from x4 GM A&amp;E departments)</p> <p><b>Referral to core CAMHS by SENCo or trained referrers x3</b></p> <p><b>Neurodevelopmental Pathway Referral</b> <a href="#">Salford's neurodevelopmental offer • Salford City Council</a></p> <p><b>School Nurse</b></p>
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		<b>Referral to Alternative Provision</b> (in line with Salford Local Authority approval and advice)
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